Building Youth Leadership and Community Partnerships Through SBHC Food Pantries

Hannah Smith, MS, CHES



- Attendees will identify 2 potential, sustainable strategies to address food insecurity within their school community.
- Attendees will learn 3 ways to implement the Youth-Adult Partnership Model into their SBHC or school health services.
- Attendees will learn 2 techniques to evaluate food services or programming in their school community.

Milwaukie SBHC Pantry Background



Poll

What is your organization currently doing to address food insecurity for students and their families?

Starting a Food Program

- Let data lead
 - Community engagement
 - Youth Advisory Council
- Understand the requirements
- Capacity



Community Partners + Food Procurement

- Eliminating food waste
- Donations
- Delivery + food bank ordering
- School food resources



Motivational Interviewing for Engagement

- Build trust with clients + behavior change
- Referrals for students
- Community Partner Engagement









Inventory

- Introducing new foods
- Offering popular items
- Ordering patterns



Cultural Responsiveness

- Food options
- Accessibility
- Translation services
- Nutrition education
- Referrals and case management



Opportunities

- Offer cookware & non-food items
- Cooking classes
- Dietitian 1:1
- SNAP enrollment
- Nutrition education on numerous platforms



Perishable and non perishable food for Milwaukie students & families Every Wednesday from 4-7 pm in the Health Center Offices, modular 6B.

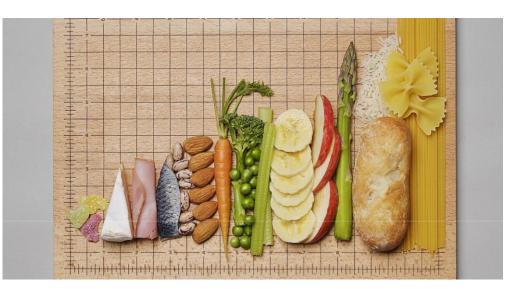




real help. right here. milwaukie health & wellness center

Sustainability + Evaluation

- Client feedback
- Funding
- Program infrastructure
- Flexibility
- Promotion



Word Cloud

- How are you going to engage students and community partners to address food insecurity?
- https://www.menti.com/hhdh79wktj



Questions?



Contact Information

- Hannah Smith: <u>Hannah@osbha.org</u> Oregon School-Based Health Alliance School Health Analyst
- Linkedin

https://www.linkedin.com/in/hannahsmithOSBHA/

Sources

Self Efficacy + Food Security Study