



How SBHCs Can Promote Positive Health Outcomes by Addressing Food Insecurity in Their School Communities

June 28, 2022



Agenda



- Welcome and introductions
- Food insecurity in the contemporary United States
- No Kid Hungry Learning Network Project
- Best practice case examples from the field: How SBHCs can address food insecurity
- Q&A

Today's Objectives

- Define food insecurity.
- Describe how addressing food insecurity improves overall health outcomes.
- Highlight the unique role school-based health centers can play in addressing food insecurity.





School-Based Health Alliance

*The National Voice for School-
Based Health Care*

No Kid Hungry is a Campaign By Share Our Strength



We're an organization dedicated to ending hunger and poverty. Through proven, effective campaigns, we connect people who care to ideas that work.



SCHOOL MEALS

Schools are at the center of our work - community centers trusted by parents and staffed by people who know the children by name and care about them. At school, kids can get the healthy food they need - for every meal of the day.



GRANTS

We distribute grants to schools, food banks and community groups across the nation to help them get the essential resources they need to feed kids, from meal carts to refrigerators to delivery trucks.



ADVOCACY

We work with national, state and local elected leaders, fighting for policies that help families make ends meet - from expanding food assistance programs to cutting through red tape to help feed children during the pandemic.

www.nokidhungry.org



1 in 6

KIDS MAY FACE HUNGER THIS YEAR.
THAT'S 13 MILLION CHILDREN.



FOOD SECURITY

- ✓ Access at all times to enough nutritious food for an active, healthy life
- ✓ Always enough of the kinds of food you want to eat (**food sufficiency**)



FOOD INSECURITY

Low food security

- ✓ Reduced quality / variety of foods
- ✓ Worry about food running out

Very low food security

- ✓ Reduced quality / variety of foods
- ✓ Multiple signs of disrupted eating / reducing intake
- ✓ Sometimes or often not enough to eat (**food insufficiency**)



NO KID HUNGRY
by SHARE OUR STRENGTH

Source: Food Research & Action Center 2021 ©

CHILDHOOD FOOD INSECURITY IS ASSOCIATED WITH:

Poor Health Status



Developmental Risk



Mental Health Problems



Poor Educational Outcomes



FOOD INSECURITY MAY PRESENT IN A FAMILY AS:

Food Anxiety



Diet Monotony



Decreased Nutrition Quality



Inadequate Food Intake



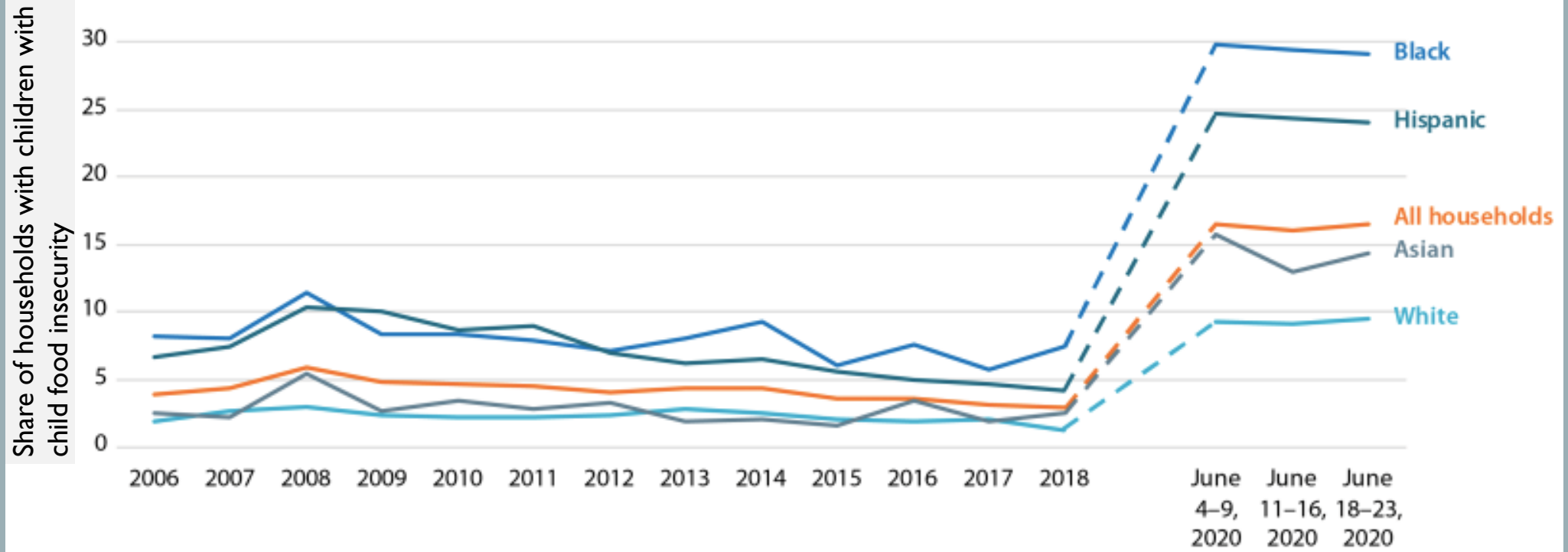
www.frac.org/aaptoolkit



NO KID HUNGRY
by SHARE OUR STRENGTH



COVID- 19 INCREASES U.S. CHILD FOOD INSECURITY AND DISPARITIES



Brookings Institute: Census Household Pulse Survey (July 2020)

Improving access to healthy food and federal food programs can have significant impact on families and children.

Families have reported physicians and school health personnel as highly trusted source of information and referrals.



The federal Child Nutrition Programs:

- reduce food insecurity;
- alleviate poverty;
- support economic stability;
- improve dietary intake and the nutrition environment;
- protect against obesity;
- improve health outcomes; and
- boost learning and development.

FRAC 2017 [The Role of the Federal Child Nutrition Programs in Improving Health and Well-Being](#)

No Kid Hungry Learning Network

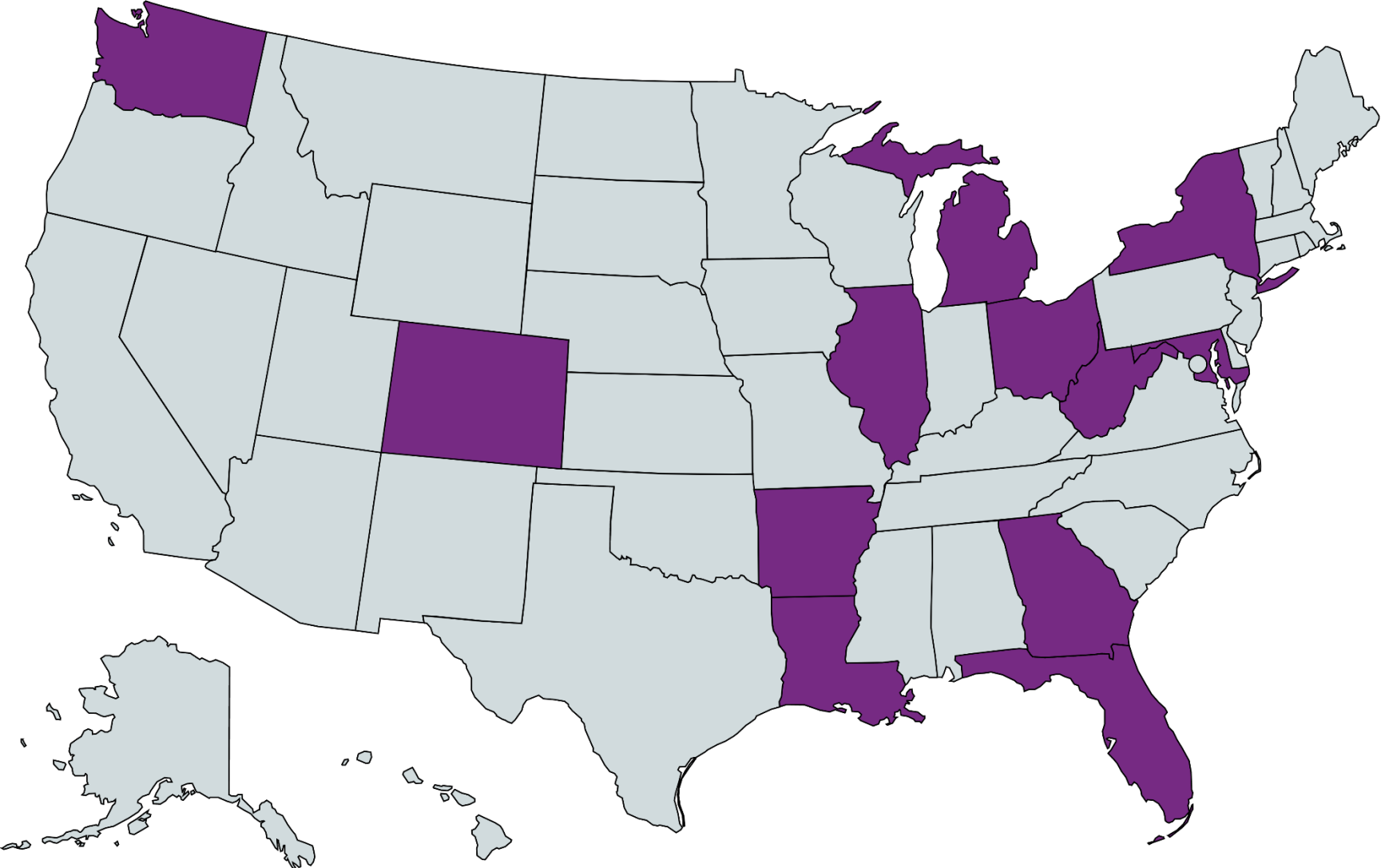
January – December 2022

Learning Network Goals:

1. Create or expand a local health center model that will identify food insecure students and connect them and their families to healthy food resource(s) and nutrition education
2. Evaluate the model to understand the impact on
 - (1) Student health outcomes
 - (2) Student food security
 - (3) Student fruit and vegetable consumption
3. Develop promising practices for integration of food security models in school-based health center workflows, and use this network's learning to develop a resource toolkit.



Our Current Sites



Our Current Sites

- Malvern School and Community Health and Wellness Center - Malvern, AR
- Mt. Healthy School-Based Health Center Food Pantry – Cincinnati, OH
- Caroline and Talbot County School Based Wellness Centers – Denton, MD
- Four Corners Youth Clinics @ SWOS and Dolores Campus – Cortez and Dolores, CO
- Moorefield High School – Moorefield, WV
- Hornet Health Center – Pellston, MI
- Turner Elementary School Based Health Clinic – Albany, GA
- Alanson Wellness Program – Alanson, MI
- MetroHealth School Health Program – Cleveland, OH
- Port Chester Middle School – Port Chester, NY
- South Cameron High School SBHC – Grand Chenier, LA
- The Counseling and Medical Place (The CAMP) at Tahquamenon Area Schools – Newberry, MI
- Stephens School Based Health Center – Little Rock, AR
- Rush SBHC at Orr Academy/KIPP One – Chicago, IL
- Pinellas County School-Based Health Centers – St. Petersburg, FL
- Rising Star Elementary – Seattle, WA



Successes to Date

- Surveys/outreach identifying needs and food resource preferences
- Identifying and cultivating partnerships
- Food access interventions have led to opportunities to connect more families with the SBHC health services
- **Patients screened:** 433 families screened for FI
- Nearly **700** families/students have been reached through food pantry, nutrition ed, other food programs, resource referral, SNAP enrollment

“We had a new student enroll, and through enrollment we found that we could help this family through our food pantry. When they came to the pantry, they enrolled their child in our school based health clinic and received a well-child checkup.” - Malvern School and Community Health and Wellness Center

“The program has created a robust resource for families. With multiple and varied components (financial assistance, produce boxes, hot meals, classes, etc.) we have been able to offer every family at least one, and usually many, options that fit with their preferences and needs.” - Neighborcare at Rising Star Elementary.

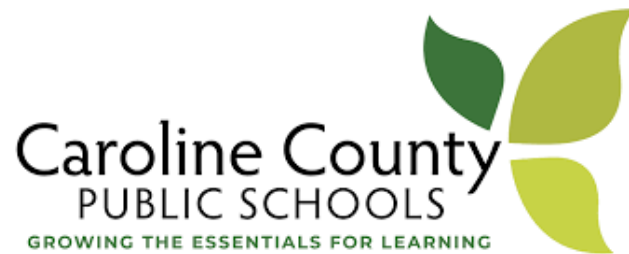




Choptank School Based Health Center's Produce Prescription Program



**Talbot County
Public Schools**





Mission – to provide access to exceptional, comprehensive, and integrated health care for all

Vision – to improve the health and well-being of the communities we serve; to provide and outstanding care experience; and to be an exceptional place to work and make a difference

Patients - 30,000 patients

43% patients Caroline County
24% patients Talbot County
27% patients Dorchester County
6% patients non- service area

37% under 18
59% white
82% ethnicity Hispanic/Creole
43% Medicaid/Medicare



A history of care on the Eastern Shore of Maryland....

Founded in Caroline County in 1978

- Federally Qualified Health Center
- 1st health Center opened in 1980 in Goldsboro, MD-Northern Caroline County
- Six health care centers across the Mid-Shore/Eastern Shore of Maryland

Opened first SBHC April 2000

- Caroline County Public School partnership for school health services
- By 2012 operated a SBHC in EVERY school in Caroline County

Expanded SBHCs Talbot County in 2010

- Partnered with Talbot County Public Schools and the Talbot County Health Dept.
- Opened newest SBHC in 2022
- 2022 Talbot County Public School Community Partner of the Year

Growing an Integrated Model of Care

- Expanded in office primary medical/dental/behavioral health care
- SB Dental Program in Caroline, Dorchester, Talbot, Kent and Queen Annes Counties
- Mobile Unit to provide SB dental care and community outreach in 2021

Choptank's Community Based Program

- School Based Health and Dental Programs:
 - ⑩ Caroline County
 - ⑩ Talbot County
 - ⑩ Dorchester County
 - ⑩ Kent/Queen Annes County
- Migrant
- Community Outreach



Choptank provides CLINIC BASED medical, dental services

Behavioral Health- Integrated with medical and dental services

Pediatrics- medical and dental

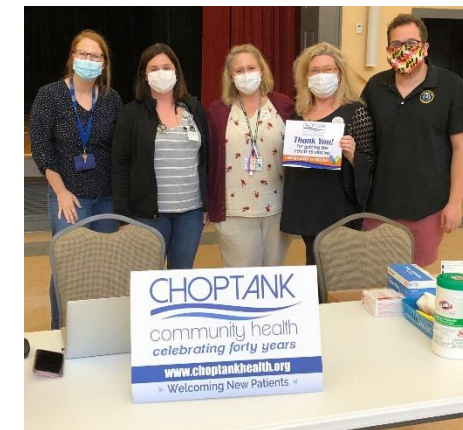
Women's Health/Prenatal

MAT-Medication Assisted Therapy

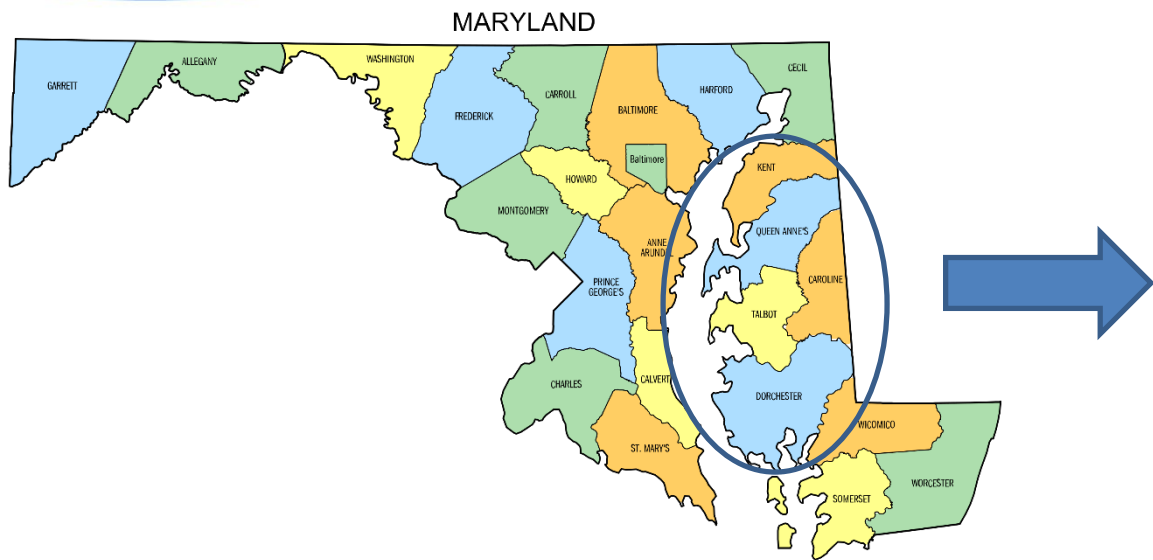
Choptank provides COMMUNITY BASED medical, dental services

School Based Health Centers

- Operational since 2000
- Provided care to 5500 SB patients in 2019
- Currently 32 school-based sites in 5 counties
- Adding behavioral health, nutrition services and 4 additional SBHC medical sites in the 2022-2023 school year



School Based Centers on Maryland's Eastern Shore



Choptank SBHCs-
Medical & Dental
Services



Choptank SBHCs-
Dental Services Only

School Based Health Centers on Maryland's Eastern Shore



Caroline County SBHCs:

- Greensboro Elementary
- Ridgely Elementary
- Denton Elementary
- Lockerman Middle
- North Caroline High

- Federalsburg Elementary
- Preston Elementary
- Colonel Richardson Middle
- Colonel Richardson High

Talbot County SBHCs:

- Easton Elementary
 - White Marsh Elementary
 - Easton Middle
 - Easton High
-
- St. Michaels Campus-
Elementary/Middle/High

Caroline County Public Schools

- 5,500 students enrolled in PreK-12th grade
- 58.5% FARMS
- 36.6% Economically Disadvantaged
- 16% Hispanic
- 46% designated as Title One
- Two Concentration of Poverty/Community Schools- Greensboro/Federalsburg Elem
- Greensboro Elementary
- Ridgely Elementary
- Denton Elementary
- Lockerman Middle
- North Caroline High
- Federalsburg Elementary
- Preston Elementary
- Colonel Richardson Middle
- Colonel Richardson High

Talbot County Public Schools

- Easton Elementary
- White Marsh Elementary
- Easton Middle
- Easton High
- St. Michaels Campus-
Elementary/Middle/High
- 4,524 students enrolled in PreK-12th grade
- 49.5% FARMS
- 29.7% Economically Disadvantaged
- 22% Hispanic
- 37% designated as Title One



Caroline County, Maryland

- Population = 32,985
- Median Household Income = \$61,021
- Unemployment = 7%
- Households below Federal Poverty Level = 15%
- Food Insecure = 11%
- Rate of Obesity = 33%
- Living in a USDA Food Desert = 24%
- Population participating in SNAP = 17%
- Number of Pantry and Free Meal Sites = 18
- Total Number of Supermarkets = 3

Talbot County, Maryland

- Population = 38,025
- Median Household Income = \$63,399
- Unemployment = 6%
- Households below Federal Poverty Level = 10%
- Food Insecure = 9%
- Rate of Obesity = 33%
- Living in a USDA Food Desert = 24%
- Population participating in SNAP = 9%
- Number of Pantry and Free Meal Sites = 10
- Total Number of Supermarkets = 6

Choptank Health's Produce Prescription Program



CHOPTANK
community health
See how healthy you can be!

Rx FRESH PRODUCE

Beginning this spring and continuing through the fall of 2022, Choptank Health will be handing out "produce prescriptions" to students in Caroline and Talbot Counties. Choptank School Based Health Center providers will distribute these produce vouchers along with health education on topics including the importance of a healthy diet and physical activity. Choptank is excited to partner and work to address childhood hunger and improve the dietary health of families in our community.

Students and their families can redeem the coupon prescriptions at:

Sho Go Mobile Market
Daily Locations:
carolineculinaryarts.org/shogomobile

Easton Farmer's Market:
avalonfoundation.org/easton-farmers-market

Questions? 410-479-5772



Made possible by the School-Based Health Center (SBHC) Food Access Learning Network and Share Our Strength's I

3 of 3



CHOPTANK
community health
See how healthy you can be!

RX No. _____

Questions? 410-479-5772




CAROLINE TALBOT

Redeemable for \$5 toward the purchase of
FRESH PRODUCE

*Sho Go Mobile Market Daily Locations: carolineculinaryarts.org/shogomobile
Easton Farmer's Market: avalonfoundation.org/easton-farmers-market*

EXPIRES: 12/01/2022

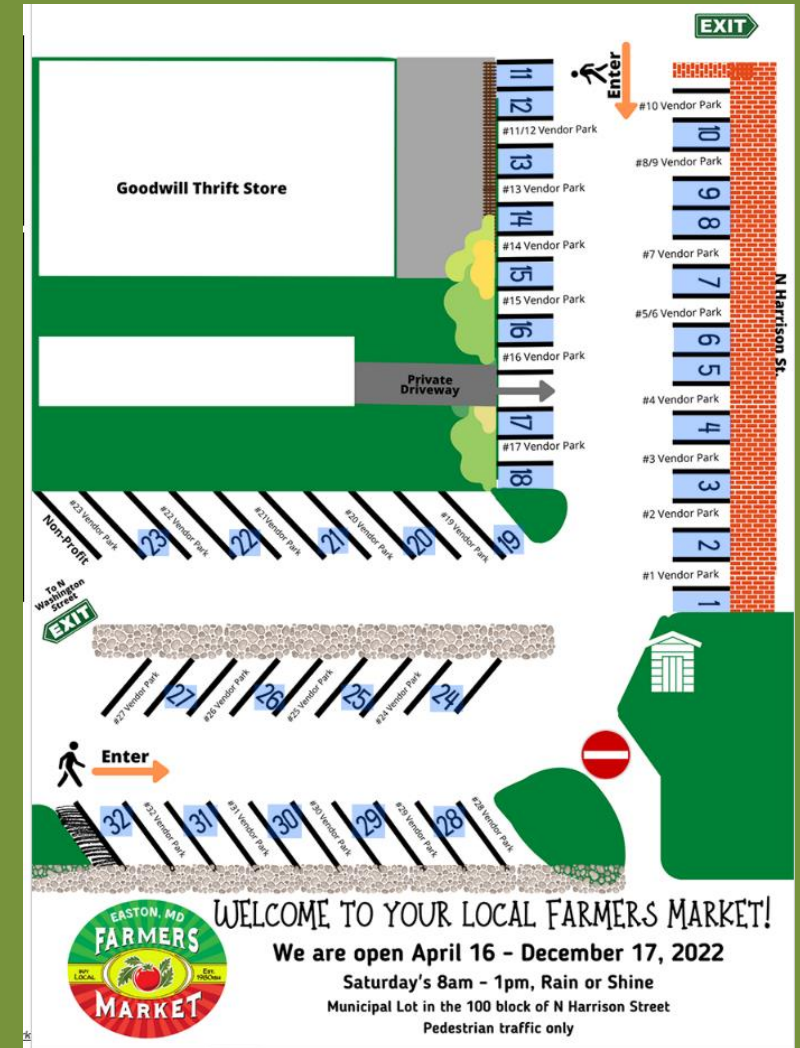
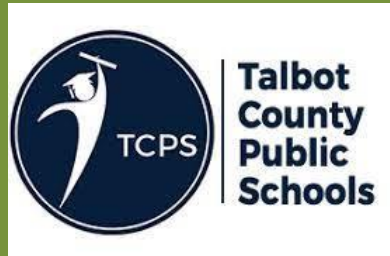



Caroline County PUBLIC SCHOOLS
GROWING THE ESSENTIALS FOR LEARNING

Made possible by the School-Based Health Center (SBHC) Food Access Learning Network and Share Our Strength's No Kid Hungry Campaign

CHOPTANK

community health





Sho Go Curbside Market

MISSION: CREATE HEALTHIER, MORE ECONOMICALLY STABLE FAMILIES. THE MOBILE UNIT WILL ESTABLISH A MORE EQUITABLE SYSTEM OF DISTRIBUTING FOOD & NUTRITION EDUCATION IN OUR COMMUNITY.



MARKET ITEMS

- FRESH FRUIT & VEGETABLES (LOCALLY SOURCED FIRST)
- GROCERY STAPLES
- READY MEALS: INDIVIDUAL & FAMILY SIZE
- FREE SUMMER MEALS FOR KIDS

FOOD ACCESS

- WEEKLY VISITS TO "FOOD DESERT" AREAS
- SENIOR & COMMUNITY CENTERS
- LOW INCOME NEIGHBORHOODS
- USE OF SNAP AS PAYMENT OPTION

EDUCATION

- RECIPES
- COOKING DEMOS
- SCHOOL VISITS
- SENIOR CENTER VISITS

COMMUNITY ENGAGEMENT

- OUTREACH W/ OTHER ORGANIZATION PARTNERS
 - WELLNESS CHECKS
 - HEALTH CARE
 - VACCINATIONS
 - EXERCISE
 - INFORMATION OUTLET
- CRISIS RESPONSE FOR FOOD DISTRIBUTION




Shore Gourmet Mobile Market



**SPRING
MOBILE
MARKET
SCHEDULE**

LOOK FOR
THE BIG
COLORFUL
BUS!

MONDAYS

CAROLINE COUNTY HEALTH DEPARTMENT SENIOR CENTER AND ADULT DAYCARE
10:00A - 10:30P
403 S 7TH STREET, DENTON, MD 21629

ST. MARKS VILLAGE
11A - 12P
212 BAY STREET, EASTON, MD. 21601

TUESDAYS

FEDERALSBURG JUDY CENTER
9A - 9:45A
323 S. UNIVERSITY AVENUE, FEDERALSBURG, MD. 21632

UNIVERSITY APARTMENTS
10:30A - 11A
1005 HARGRAVES CT., FEDERALSBURG, MD. 21632

FAIRHAVEN MANOR I
11:00A - 11:30A
500 FAIRHAVEN CT., FEDERALSBURG, MD. 21632

FAIRHAVEN MANOR II
11:30A - 12P
303 PORTER CT., FEDERALSBURG, MD. 21632

FEDERALSBURG SENIOR CENTER
12:15P - 1P
118 NORTH MAIN STREET, FEDERALSBURG, MD 21632

WEDNESDAYS

MAPLE VILLAGE
9A - 9:45A
207 MAPLE AVE., GREENSBORO, MD. 21639

GREENSBORO HEIGHTS
10A - 10:30A
400 DUTCHMANS LANE, GREENSBORO, MD. 21639

RIDGELY MEADOWS
11A - 11:30A
100 STRAWBERRY CT., RIDGELY, MD. 21600

EDENTON LANE APARTMENTS
12:30A - 1P
900 GAY STREET, DENTON, MD. 21629

THURSDAYS

CAROLINE COUNTY HEALTH DEPARTMENT SENIOR CENTER AND ADULT DAYCARE
9:30A - 10:30A
403 S 7TH STREET, DENTON, MD 21629

CHOPTANK COMMUNITY HEALTH: GOLDSBORO MEDICAL CLINIC
11:45A - 12:30P
302 RAILROAD AVE, GOLDSBORO, MD 21636

- Caroline, Talbot and Dorchester County
- Stopping at busy bus stops in high needs areas
- Scheduled visits to every Summer Camp Program in Caroline County
- Visits to subsidized housing & community centers
- Churches
- Existing food pantries
- Homeless shelters
- Health Departments & Choptank clinics



- Parks and Recreation Summer Program
- Avalon Foundation- Summer Activities
- Local Public Library for free books
- Sho-Go Partner's- MD Food Bank, local farmers (stands) for summer harvest & Walmart during the winter months
- University of MD extension for recipe cards, labeling, and educational materials
- Participation in county 4H/Children's Day Activities

Going mobile....



Choptank Health's Produce Prescription Program

- Increase SBHC Enrollment
- Measure Food Insecurity
 - Hunger Vital Signs
- Measure Dietary Knowledge
 - Healthy Habits Questionnaire
- Health and Nutrition Education
 - Health Chats
 - Summer Camp Programming
 - Community Events

The "Hunger Vital Sign"

Screening for Food Insecurity

1. Within the past 12 months, we worried whether our food would run out before we got money to buy more. (Yes or No)
2. Within the past 12 months, the food we bought just didn't last, and we didn't have money to get more. (Yes or No)

Adapted from Hager et al.³⁵ Although an affirmative response to both questions increases the likelihood of food insecurity existing in the household, an affirmative response to only 1 question is often an indication of food insecurity and should prompt additional questioning.
Hager ER, et al. *Pediatrics*. 2010;126(1).

5210 Healthy Children

Healthy Habits Questionnaire (Ages 10-18)

We are interested in the health and well-being of all our patients. Please take a moment to answer the following questions.

Patient Name: _____ Age: _____ Today's Date: _____

1. How many servings of fruits or vegetables do you eat a day?
(One serving is most easily identified by the size of the palm of your hand.) _____

2. How many times a week do you eat dinner at the table together with your family? _____

3. How many times a week do you eat breakfast? _____

4. How many times a week do you eat takeout or fast food? _____

5. How many hours a day do you watch TV/movies or sit and play video/computer games? _____

6. Do you have a TV in the room where you sleep? Yes No

7. Do you have a computer in the room where you sleep? Yes No

8. How much time a day do you spend in active play (faster breathing/heart rate or sweating)? _____

9. How many 8-ounce servings of the following do you drink a day?
 _____ 100% juice _____ Fruit or sports drinks _____ Soda or punch
 _____ Water _____ Whole milk _____ Nonfat (skim), low-fat (1%), or reduced-fat (2%) milk

10. Based on your answers, is there **ONE** thing you would be interested in changing now? Please check one box.

<input type="checkbox"/> Eat more fruits & vegetables.	<input type="checkbox"/> Spend less time watching TV/movies and playing video/computer games.	<input type="checkbox"/> Eat less fast food/takeout.
<input type="checkbox"/> Take the TV out of the bedroom.	<input type="checkbox"/> Drink less soda, juice, or punch.	<input type="checkbox"/> Drink more water.
<input type="checkbox"/> Play outside more often.		<input type="checkbox"/> Switch to skim or low fat milk.

Please give the completed form to your clinician. Thank you.

For more information visit us at <https://5210.psu.edu> or email at 5210@psu.edu.

CLEARINGHOUSE This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Family, Children and Youth, U.S. Department of Defense under Award No. 2010-070-2187 developed in collaboration with The Clearinghouse for Military Family Readiness at Penn State University. © 2010 Clearinghouse for Military Family Readiness. All rights reserved. as of July 11, 2011

5210 Healthy Children

Healthy Habits Questionnaire (Ages 2-9)

We are interested in the health and well-being of all our patients. Please take a moment to answer the following questions.

Patient Name: _____ Age: _____ Today's Date: _____

1. How many servings of fruits or vegetables does your child eat a day?
(One serving is most easily identified by the size of the palm of your child's hand.) _____

2. How many times a week does your child eat dinner at the table together with the family? _____

3. How many times a week does your child eat breakfast? _____

4. How many times a week does your child eat takeout or fast food? _____

5. How many hours a day does your child watch TV/movies or sit and play video/computer games? _____

6. Does your child have a TV in the room where he/she sleeps? Yes No

7. Does your child have a computer in the room where he/she sleeps? Yes No

8. How much time a day does your child spend in active play (faster breathing/heart rate or sweating)? _____

9. How many 8-ounce servings of the following does your child drink a day?
 _____ 100% Juice _____ Fruit drinks or sports drinks _____ Soda or punch
 _____ Water _____ Whole milk _____ Nonfat or reduced fat milk

10. Based on your answers, is there **ONE** thing you would like to help your child change now? Please check one box.

<input type="checkbox"/> Eat more fruits & vegetables.	<input type="checkbox"/> Spend less time watching TV/movies and playing video/computer games.	<input type="checkbox"/> Eat less fast food/takeout.
<input type="checkbox"/> Take the TV out of the bedroom.	<input type="checkbox"/> Drink less soda, juice, or punch.	<input type="checkbox"/> Drink more water.
<input type="checkbox"/> Play outside more often.		<input type="checkbox"/> Switch to skim or low fat milk.

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Supporting School Nutrition Programs

- School food service and farm to school programs
- Health/Nutrition and Science education
- Intro to Culinary & Ag education
- Aeroponic growing tower
- School and Community Gardens

CHESAPEAKE CULINARY CENTER
Locally Grown

SHORE GOURMET
DENTON MARKET

Catering services
Job training
Cooking classes
Team building
Community kitchen
Culinary incubator

Fast casual dining
Online ordering
Wednesday dinners
Gourmet & gift market
Savor Maryland gifts
Job training

Caroline Culinary Arts
at The Caroline Schoolhouse

Caroline County PUBLIC SCHOOLS
GROWING THE FUTURE WITH LEARNING

Culinary arts education
Internships & real-world experience
Catering for CCPS functions
Backpack food program





Choptank Health's Produce Prescription Program

1,000 Caroline and
Talbot County students

Family participation in
health and nutrition
discussions

Individual or group
health education
opportunities

A graphic for the Produce Prescription Program. It features a large, light blue "Rx" symbol on the left. To the right of the "Rx" is the CHOPTANK community health logo with the tagline "See how healthy you can be!". Next to the logo is a line for "RX No. _____" and the phone number "Questions? 410-479-5772". Two QR codes are shown, labeled "CAROLINE" and "TALBOT". Below this is the text "Redeemable for \$5 toward the purchase of FRESH PRODUCE" in green. Further down, it lists "Sho Go Mobile Market Daily Locations: carolineculinaryarts.org/shogomobile" and "Easton Farmer's Market: avalonfoundation.org/easton-farmers-market". At the bottom left, it says "EXPIRES: 12/01/2022". The bottom section of the graphic shows logos for "AVALON FOUNDATION", "EASTON, MD FARMERS MARKET", a green "SHO GO MOBILE Market" van, and "Caroline County PUBLIC SCHOOLS GROWING THE ESSENTIALS FOR LEARNING". A small note at the very bottom reads "Made possible by the School-Based Health Center (SBHC) Food Access Learning Network and Share Our Strength's No Kid Hungry Campaign".

Consistently evaluate
food insecurity

Provide families with
local food resources

Raise awareness of
SBHC resources and
increase enrollment

If you can't
feed a hundred
people, then
feed **JUST**
one.

Mother Teresa

Chrissy Bartz PAC, MMS
Director of Community Based Programs
Choptank Community Health Systems
410-479-8392 admin office
410-482-9148 GES SBHC
cmbartz@choptankhealth.org

**Share Our Strength/No
Kid Hungry
SBHC Food Access
Project**

Emmet County Michigan



Project Sites

- ▶ Hornet Health Center, Pellston, MI
 - ▶ K-12, 250 students
- ▶ Alanson Wellness Program, Alanson, MI
 - ▶ K-12, 236 students
- ▶ Staffed by the Health Department of Northwest Michigan. Each have a mental health professional and a nurse.





Community & Demographics



- ▶ Rural, resort/vacation area/drive-thru to the bridge
- ▶ 14% Poverty Rate, > 75% of students qualified for free or reduced lunch pre-Covid, 64% economically disadvantaged.
- ▶ Limited access to lower cost food and grocery. Gas Station grocery model in both communities, need transportation to access others.
- ▶ Community Pantry in Pellston
- ▶ By self-identification, the population by race is made up of 85% white, 7% two or more races; 6% American Indian (or Alaska Native); and 1% black.

Project Goals Hornet Health Center

- ▶ Cooking skills classes targeted to freshmen and seniors, series of 6 classes thru Science/Health class –21 students- completed Spring 2022
- ▶ Hornets Nest Food Pantry – opened May 2022
- ▶ Implement healthier pre-game meals for afterschool sports – trial with wrestling program Spring 2022
- ▶ Create You Tube channel of cooking instruction





Project Goals Alanson Wellness Program

- ▶ Demo cooking classes with 8th and 9th grade health classes – 51 students, 2 classes April 2022, more in Fall 2022
- ▶ Viking Vault Food Pantry – opened February 2022
 - ▶ Middle and High School
- ▶ Backpack Program – K-5
- ▶ Food Demos – Parent Teacher Nights – March, Open House/August, October
- ▶ Pop-Up Farmers Market – System Open House 8/22 and Parent Teacher Night 10/22



Resources/Staffing

- ▶ Groundwork Center for Resilient Communities
- ▶ FoodCorps service member
- ▶ Contracted qualified cooking/nutrition instructors + volunteers
- ▶ Volunteers with Northmen Den, LLC.

IMPACT & LESSONS

- ▶ Cooking Classes: 71 students
- ▶ Pantries: 80 students/week
- ▶ Backpack program – will be opt out offering in Alanson K-5
- ▶ Pre-Game meals/snacks - TBD
- ▶ We are hopeful that through diplomatic conversations, we can establish nutrition guidelines for the pantries.
- ▶ It takes staffing to implement and manage the resources. Community partners are essential:
 - ▶ FoodCorps member
 - ▶ Northmen Den volunteers
 - ▶ Manna Food Project
 - ▶ Groundwork Center

Food System Catalyst Funding

Funding awarded to both programs for:

- ▶ School Garden implementation and infrastructure
- ▶ Northmen Den, LLC support for centralization of storage and distribution of healthy foods.

Regional Partner Awarded funds:



Groundwork Center for Resilient Communities



Thank You

Judi Marlin, MS, RDN

Nutritionist

Health Department of Northwest Michigan

j.marlin@nwhealth.org

231-347-5287



Questions?



What Can Your Center Do Now?

- Incorporate Food Insecurity screening to your Center workflow
- Ask students and families if they are participating in food programs
 - Provide flyers to all families about food resources available
 - Identify other food resources available in your community
 - Partner with local nutrition education resources

** See session resources for toolkits and sample flyers and other resources to support these efforts!



Thank you!

