


Addressing the Youth Opiate Crisis through School Based Health Centers

DATE: June 28, 2023 PRESENTED BY: Nancy Zink MD, Medical Director – OHSU Benson Wellness Center
Assistant Professor of Family Medicine at OHSU Richmond
Tyler Pickle LCSW, CADC-I, Behavioral Health Consultant at OHSU Richmond



Disclosures

- With respect to the following presentation, there has been no relevant (direct or indirect) financial relationship between the presenters or other activity planners and any ineligible company in the past 24 months which would be considered a relevant financial relationship.
- The views expressed in this presentation are those of the presenter(s) and may not reflect official policy of Community Health Center, Inc. and its Weitzman Institute.
- We are obligated to disclose any products which are off-label, unlabeled, experimental, and/or under investigation (not FDA approved) and any limitations on the information that are presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion.

The Weitzman Institute is a program of Community Health Center, Inc. Middletown, Connecticut USA | www.weitzmaninstitute.org

Overview:


- Introductions (15 minutes)
- Case Study Example (10 minutes)
- Breakout Groups (15 minutes)
- Discussion (15 minutes)
- Questions (5-15 minutes)




3

Introductions:

- Us
- You
- Issue
- Program(s)/Solutions



4

Us:



5



You:

What is YOUR role in the school based health center community?

Nurse

Other

Administrator

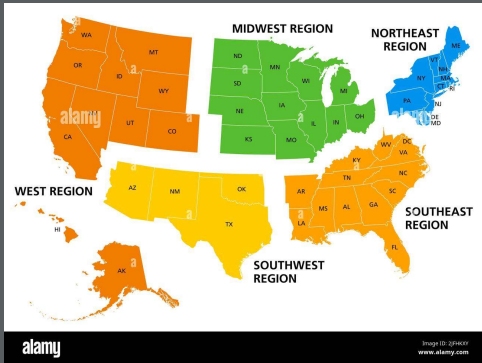
Social Worker

Provider (NP, PA, MD or DO)

6



You:



7



You:

What is your experience level with substance use disorder (SUD) screening and treatment?

1. Screen and refer
2. Screen, refer and Naloxone
3. Screen, refer, Naloxone and Medication Assisted Treatment (MAT/MOUD)
4. I think I'm in the wrong room...

8



Issue:

Opiates/Opioids:

- Poppies to prescriptions
- To
- St
- Th



9

Fentanyl:

- Everywhere in everything
- Unregulated
- Targeted & accessible



<https://www.dea.gov/factsheets/fentanyl>



se: 2 mg



<https://www.dea.gov/resources/facts-about-fentanyl>

10

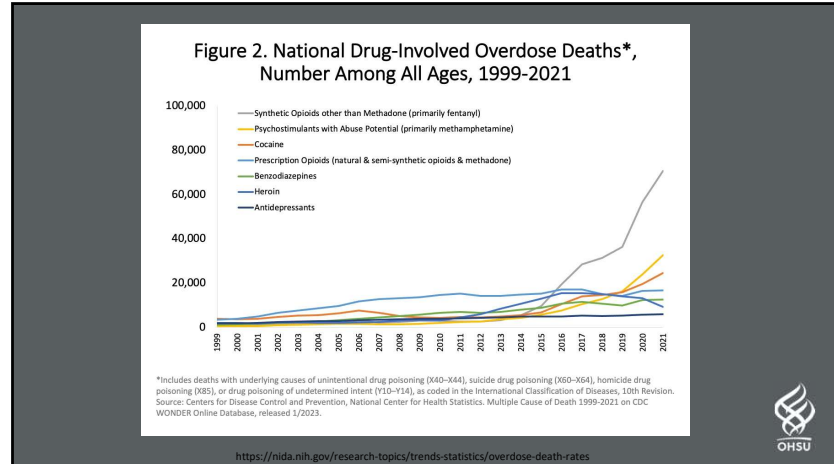
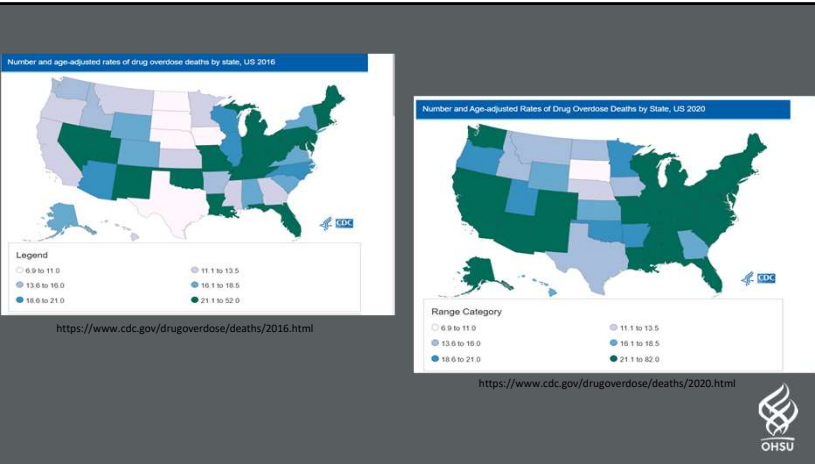
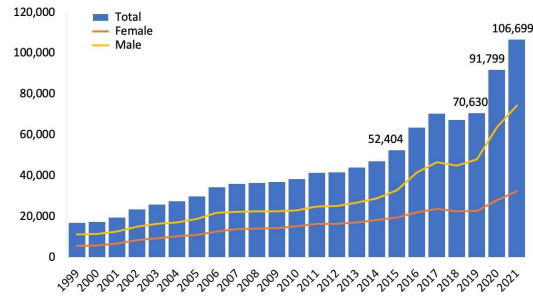


Figure 1. National Drug-Involved Overdose Deaths*, Number Among All Ages, by Gender, 1999-2021



*Includes deaths with underlying causes of unintentional drug poisoning (X40-X44), suicide drug poisoning (X60-X64), homicide drug poisoning (X85), or drug poisoning of undetermined intent (Y10-Y14), as coded in the International Classification of Diseases, 10th Revision. Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2021 on CDC WONDER Online Database, released 1/2023.

<https://nida.nih.gov/research-topics/trends-statistics/overdose-death-rates>



"Fentanyl is the single deadliest drug threat our nation has ever encountered." "Fentanyl is everywhere. From large metropolitan areas to rural America, no community is safe from this poison."

—Ann Milgram, US DEA Administrator

Programs:

- OHSU Benson Wellness Center
- OHSU Richmond Clinic
 - Medication Assisted Treatment



OHSU Benson Wellness Center

- School-Based Health Center
- Pharmacy
- Team
 - RN
 - Provider
 - Social Worker (LCSW - PPS)
 - CADC
 - MA
 - Multnomah County (MA)



OHSU Benson Wellness Center

- School-Based Health Center
- Pharmacy
- Team
 - CRAFFT
 - Approach/strategies
- Refer
- Naloxone



Naloxone: reverses effects of opioid overdose



Brand name:

- Narcan
- Evzio



Richmond Clinic MAT

- Team based
 - Behavioral Health Consultants
 - Providers
 - RN
 - Coordinator
- Tier system
- Harm reduction culture



Richmond Clinic MAT

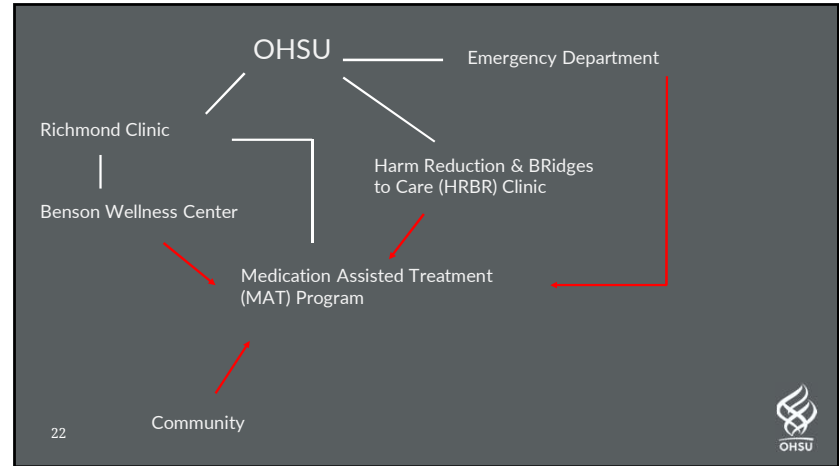
- Team based
- Tier system
 - 1 = 1 week Rx
 - 2 = 2 week Rx
 - 3 = 4 week Rx
 - 4 = 4 weeks + 4 week refill
 - 5 = 4 weeks + 2+ refills
 - Y = patient choice: lost to follow up/graduated
 - X = team choice: diversion, abusive, etc.
- Harm reduction culture



Richmond Clinic MAT

- Team based
- Tier system
- Harm reduction culture
 - #1 priority, access to medication
 - Non-punitive

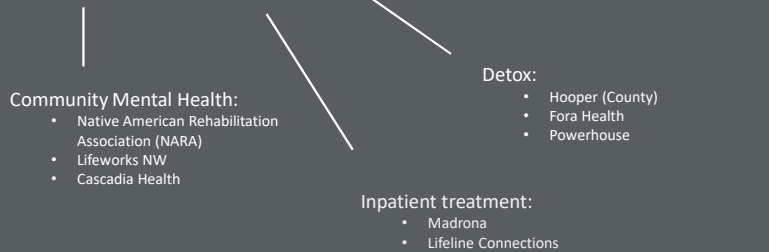
21



22



Medication Assisted Treatment (MAT) Program



23



Breakout Group Questions

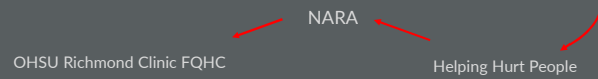
1. How do you see opiates impacting your community?
2. What do you do when you have a positive screening for substances (and opiates in particular)?
3. Who do you know that is doing the work and how can you build connection with them - internally/externally?

24



Case Study: Mario

- 16 year old presented in ED for gunshot wound, actively using opiates



- Ongoing marijuana use
- History of oral fentanyl pills for 2+ years
- Discharged with buprenorphine 8 mg after hospitalized for gunshot wound
- History of overdose requiring naloxone

25



Mario continued...

- His goals:
 - Does not want to "end up dead"
 - Does not want to go into withdrawal to start a medication
- Larger goals:
 - Stabilize to go to inpatient treatment
- Barriers:
 - Only 1 inpatient treatment in Oregon supports teens with OUD allowing medication assisted treatment - all others are abstinence only

26



Mario continued...

Group Discussion:

- What questions might you ask Mario?
- How might you try to engage him in care?
- What community partners could be supportive?

27



Mario update:

- Lost to follow up with our clinic
- Admitted to juvenile detention center
- Met with psychiatrist
- Largest concerns were suicidal ideations

28



Case Study: Daisy

- 15 y/o female presented to SBHC in September 2022.
- PHQA = 15 - "moderate" depressive symptoms
- CRAFFT:
 - # of days drank more than a few sips of ... alcohol: 1
 - Marijuana: "can't count"
 - Any other use to get high: 0
 - Vaping: "a few times."



Case Study: Daisy

- Ridden in a Car driven by someone who had used alcohol or drugs? : **Yes.**
- Use alcohol to Relax? **Yes.**
- By yourself/Alone? **Yes.**
- Forget things done? **No.**
- Family or Friends say you should reduce? : **Yes.**
- Any Trouble? **No.**
- **Score: 4**



Case Study: Daisy

- How would you initiate engagement with this patient?
- What questions would you have for them?
- What would be your care plan?

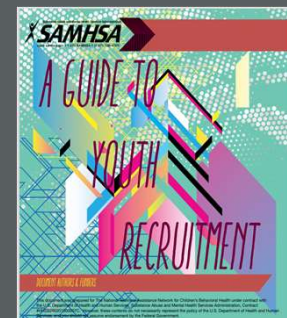


National Resources:

SAMHSA - Substance Abuse and Mental Health Services Administration

Youth Recruitment Guide:

https://youthmovenational.org/wp-content/uploads/2019/05/A_Guide_To_Youth_Recruitment_Final.pdf



National Resources:

Youth Era:

PEER SUPPORT ON TWITCH

Join Youth Era Live on Twitch every Monday-Friday. Our stream provides safe and supportive opportunities to interact, engage, learn, support, and be supported by others. For more information on our Twitch live stream, visit <https://www.youthera.org/>

THURSDAY - 8pm-9pm EST
FRIDAY - 8pm-9pm EST
SATURDAY - 8pm-9pm EST

CLICK OUT THE STREAM

VIRTUAL ONE-ON-ONES

One of the most important ways our team of medication/pain support specialists connects with youth is through one-on-one coaching. Our coaching is a safe space to discuss your pain. The goal of one-on-one coaching is to provide you with the information and resources you need to manage your pain. Our coaching is provided by our medication/pain support specialists and Weitzman youth care team. We provide one-on-one coaching through Weitzman's virtual care platform. For more information on our coaching services, visit <https://www.youthera.org/>

33 <https://www.youthera.org/>



1-800-484-3731

<https://neverusealone.com>


988



Final Thoughts:

- Build community
- Reduce harm

34



weitzman institute inspiring primary care innovation


Continuing Education Credits

In support of improving patient care, this activity has been planned and implemented by the School-Based Health Alliance and Community Health Center Inc. and its Weitzman Institute and is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.


This conference is intended for Nurses, Nurse Practitioners, Physicians, Physician Assistants/Associates, Psychologists, Registered Dietitians, and Social Workers

Please go to the link for the CME web platform (Weitzman Education) posted in the mobile app to complete the post-session survey to access your continuing education credit.

A comprehensive certificate will be available in the CME platform after completing the post-session surveys for all sessions you attended.



The Weitzman Institute is a program of **Community Health Center, Inc.** Middletown, Connecticut USA | www.weitzmaninstitute.org



Questions?



Thank You