

# SCHOOL BASED HEALTH CENTERS KEEP **STUDENTS** *healthy!*



## Payton and Charlotte almost lost their friendship.

**Payton struggled with the death of her father. Charlotte battled extreme anxiety. Their School Based Health Center in East Haven gave them the skills to defeat their symptoms.**

- ✓ Their SBHC offered a safe environment to express sadness, worry, hopelessness, and anger -- and kept them in school -- healthy and learning
- ✓ Emergency Room visits for mental health issues are high cost, fragmented care -- **SBHCs save the state money by intervening early**
- ✓ SBHCs improve academic performance, increase attendance, and reduce dropout rates.

**HEALTHY KIDS MAKE BETTER LEARNERS**



Connecticut Association of School Based Health Centers

203-230-9976 [www.ctschoolhealth.org](http://www.ctschoolhealth.org)